

## **April 1, 2020 Grant County Public Information –Sandria Glasscock, RN Public Information Officer –**

As of March 31, 2020, **WV** reported:

**162** positive cases of COVID19    **3981** Total negative    **1 Death Confirmed**

**0** tests pending at the state lab. Grant Memorial has tested for the Tri-County area, and to date has had NO Positive cases in Grant County. We are aware that a person in Hardy County tested positive for COVID19 after being tested at another facility. Counties with positive COVID19 cases:

Berkeley 16, Cabell 1, Greenbrier 3, Hancock 3, Hardy 1, Harrison 11, Jackson 9, Jefferson 6, Kanawha 31, Logan 2, Marion 5, Marshall 4, Mason 3, Mercer 2, Monongalia 31, Morgan 1, Ohio 10, Pleasants 1, Preston 3, Putnam 4, Raleigh 3, Randolph 1, Roane 2, Tucker 2, Upshur 1, Wetzel 1, Wirt 1, Wood 2.

### **The Governor has Ordered:**

**Stay-at-Home requiring all West Virginians** to remain in their homes and residences and leave only for essential services is in effect. This is **mandatory, not just guidance** or advice.

- **State park campgrounds, overlooks at Blackwater Falls and Coopers Rocks closed**
- **Private campgrounds closed to newly arriving travelers from out of state.**
- **The Governor ordered people who travel to WV from New York, Connecticut, Louisiana, Italy or China to self-quarantine for 14 days.**
- Only people commuting back and forth for **essential work duties should cross our state lines.**

The governor directed the State Police to monitor this. The Governor's full order can be viewed at [www.wv.governor.wv.gov](http://www.wv.governor.wv.gov).

Essential Services include *necessary* trips to the grocery store or gas station; picking up a prescription or receiving medical care or working jobs to provide essential services.

Avoid close contact: If you must go out for essential services, you must keep at least **6 -8 feet away from others even if groups of 10 or less.**

Wash your hands frequently, especially after touching any surfaces if in public.

Keep your hands away from your face.

Cover coughs and sneezes use the inside of your elbow or use a tissue and throw used tissue immediately into the trash. Immediately wash your hands with soap and water for 20 seconds or use 60% hand sanitizer if water not available.

Clean and disinfect frequently touched surfaces daily (tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks).

Use most common EPA approved disinfectants, or to make bleach solution mix 1/3 cup bleach per gallon of water, or 4 tsp per quart.

If surfaces are dirty, clean with detergent or soap and water prior to disinfection.

**If you have unexplained fever, cough, or shortness of breath please do NOT leave your home,** call Grant Memorial Hospital (304) 257 1026 and press 5 to speak to an ER nurse to help determine if testing is indicated.

If you have a medical emergency and need to call 911, notify dispatch personnel that you may have been exposed or have symptoms of COVID-19. If possible, put on a facemask before emergency medical services arrive or immediately after they arrive.

**PUBLIC WARNING REGARDING SELF TREATMENT FOR COVID19** The Centers for Disease Control and Prevention (CDC) has become aware of two individuals who ingested **non-pharmaceutical** chloroquine phosphate, a chemical for **aquarium use** that is commercially available for purchase at stores and through internet websites. One of the individuals died shortly after arrival to the hospital. The second individual was critically ill with severe gastrointestinal symptoms and cardiac conduction abnormalities.

Do **not** ingest aquarium use products or any other chemicals that contain chloroquine phosphate. These chemicals are **not intended for human consumption** and can lead to serious health consequences, including death.

1. **Medications** like chloroquine phosphate and hydroxychloroquine sulfate (**NOT NON PHARMACUTICAL CHLOROQUINE**) should be taken only when prescribed by and under the supervision of your healthcare provider and always according to the instructions provided.
2. Seek immediate medical attention if you are experiencing any unexpected symptoms after taking chloroquine or hydroxychloroquine by contacting your healthcare provider or your poison center (1-800-222-1222).

To get up to date information about COVID 19 go to [www.wvdhhr.org](http://www.wvdhhr.org), or [www.cdc.gov](http://www.cdc.gov) if questions call the WV Public Health hotline at 800 887 4304.

